Receptors Involved in the Modulation of 5-Hydroxytryptamine Release in Bovine Cerebral Arteries

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Abstract—The uptake of [³H]5-hydroxytryptamine (5-HT) in bovine cerebral arteries was reduced by cocaine (1 μ M), ouabain (100 μ M), pretreatment with 6-hydroxydopamine (6-OHDA) (1 46 mM, 10 min) and metitepine (1 μ M). Electrically-stimulated tritium release was decreased by tetrodotoxin (0.8 μ M), Ca-free medium, denervation with 6-OHDA (1.46 mm, 10 min), 5-HT (10 µM), noradrenaline (1 µM) and the agonist of α_2 -adrenoceptors B-HT 920 (0.1 and 1 μ M), enhanced by metitepine (1 μ M, antagonists of presynaptic 5-HT₁ receptors) and rauwolscine (1 μ M, antagonist at α_2 -adrenoceptors, and also of 5-HT_{1D} receptors) and not affected by ketanserin (1 μ M, antagonist of 5-HT₂ receptors), methysergide (0.1 μ M, antagonist of 5-HT₁ and 5-HT₂ receptors) and phentolamine (1 and 3 μ m antagonist of α -adrenoceptors and less potent of 5-HT₁ receptors). The inhibitory action of 10 μ M 5-HT was partially reversed by phentolamine (3 μ M) and cocaine $(1 \ \mu M)$ and completely reversed by both metitepine $(1 \ \mu M)$ and rauwolscine $(1 \ \mu M)$. Ketanserin $(1 \ \mu M)$, methysergide (0·1 μ M) or phentolamine (1 μ M) had no effect. Rauwolscine (1 μ M) antagonized the inhibition induced by both noradrenaline (1 μ M) and B-HT 920 (0·1 and 1 μ M). 5-HT induced tritium release which was inhibited by cocaine (an antagonist of 5-HT₃ receptors) and denervation with 6-OHDA. These results suggest that 5-HT is mainly accumulated in adrenergic nerve endings, that evoked [3H]5-HT release is modulated by 5-HT₁-like receptors, but the participation of α_2 -adrenoceptors cannot be discounted, or more probably both types of receptors have features in common, and evoked [3H]5-HT release elicited by 5-HT may be partially mediated by activation of 5-HT₃ receptors.

Cerebral vessels have adrenergic (Nelson & Rennels 1970; Edvinsson & MacKenzie 1977; Marín et al 1980a, b) and 5hydroxytryptaminergic (Chan-Palay 1976; Edvinsson et al 1984; Marco et al 1985; Scatton et al 1985; Moreno et al 1991) innervations, originated in the sympathetic superior cervical ganglia and the raphe nuclei of the brain stem, respectively. The existence of the latter innervation has been a matter of controversy and the presence of 5-hydroxytryptamine (5-HT) in these cerebral vessels has been demonstrated to be localized in perivascular adrenergic nerves (Jackowski et al 1988). This amine, in contrast to noradrenaline, produces powerful vasoconstrictor responses in cerebral arteries (Marín et al 1979; Edvinsson et al 1985; Van Nueten et al 1985). Furthermore, 5-HT released from platelets has been implicated in vasospasm following subarachnoid haemorrhage (Allen et al 1976).

The ability of 5-HT to be taken up by adrenergic nerve terminals of different vessels has been previously reported (Verbeuren et al 1983; Kawasaki & Takasaki 1984; Scatton et al 1985; Levitt & Duckles 1986; Barrús et al 1990). The release of this accumulated 5-HT is modulated by presynaptic 5-HT receptors (Feniuk et al 1979; Schlicker & Göthert 1987) and α_2 -adrenoceptors (Kawasaki & Takasaki 1986).

The objective of this study was to assess in bovine cerebral arteries if 5-HT is accumulated in adrenergic or 5-HT-ergic nerve endings, and if its release is modulated by presynaptic 5-HT receptors or α_2 -adrenoceptors.

Materials and Methods

Experimental design and superfusion studies

Bovine brains were obtained from a slaughterhouse and Correspondence: G. Balfagón, Departamento de Fisiología, Facultad de Medicina, Universidad Autónoma, C/Arzobispo Morcillo 4, 28029-Madrid, Spain. transported to the laboratory in Krebs-Henseleit solution (KHS) at 4°C. In this medium, branches of middle cerebral arteries were isolated, pooled and carefully cleaned of traces of blood and adherent tissues. They were set up in a nylon net and immersed for 30 min in 10 mL of KHS at 37°C, continuously gassed with 95% O₂-5% CO₂ (stabilization period). Subsequently, they were incubated for 60 min in 1 mL oxygenated KHS at 37°C containing [³H]5-HT (1 μ Ci mL⁻¹ 38 nm, sp. act. 26.7 Ci mmol⁻¹). Afterwards, the arteries were transferred into a superfusion chamber with two parallel platinum electrodes, 0.5 cm apart, connected to a stimulator (Cibertec model CS9, modified to supply the adequate current strength) for electrical field stimulation (200 mA, 0.3 ms, 2 Hz). The arteries were superfused at a rate of 2 mL min⁻¹ with KHS at 37°C for 100 min (washout period). During this time the basal tritium efflux reached steady-state. Then, the superfusate was collected in vials (10 in total) at 30 s intervals. Two superfusate samples were collected before stimulation, to determine the basal tritium efflux, 2 were collected during and 6 after the stimulation; the latter ones were sufficient for recovering basal levels of tritium secretion. Two electrical stimulation periods of 75 s $(S_1 \text{ and } S_2)$ were applied to the arteries separated by a 30 min interval. Drugs used to interfere with the stimulated tritium release were added 20 min before S₂.

The effect of 5-HT (10 and 100 μ M) and noradrenaline (0·1, 1 and 10 μ M) on basal tritium release was also analysed. For this purpose, after washout, either 5-HT or noradrenaline was added to the superfusion medium for 10 min, collecting the superfusate in vials at 2 min intervals from 2 min before (basal tritium efflux) until 4 min after (to recover basal radioactivity release) the addition of drugs.

The action of 1 μ M cocaine, 100 μ M ouabain and 1 μ M metitepine on [³H]5-HT uptake was assessed. The drugs were

added to the bath 20 min before incubation with [³H]5-HT. The arteries were then washed for 100 min and the radioactivity retained was measured. The effect of denervation with 6-hydroxydopamine (6-OHDA) on this uptake was similarly analysed. To analyse the effect of cocaine on [³H]5-HT release, it was added to the superfusion medium from the beginning of the washout period until the end of the experiment.

The radioactivity present in the superfusate was measured by scintillation counting (Beckman LS 28000) by the addition of Ready Protein (Beckman). To measure radioactivity accumulated in the arteries, the vessels were first blotted, weighed and digested in 1 mL H_2O_2 (30% w/v) at 100°C for 5 h.

The stimulation-evoked tritium efflux was calculated by subtracting the basal tritium release from that elicited by electrical stimulation. In order to eliminate differences among the arteries, the ratios of the net tritium efflux between S_2 and S_1 were calculated. The effects of drugs on the stimulated efflux were referred to by their actions on these ratios. Tritium release induced by noradrenaline or 5-HT was expressed as a percentage of basal release and the radioactivity accumulated in the arteries in d min⁻¹ mg⁻¹.

Denervation with 6-OHDA

The method used to produce in-vitro chemical denervation of sympathetic nerves of cerebral arteries was that described by Aprigliano & Hermsmeyer (1976), with the modifications of Levitt & Duckles (1986). Briefly, the arteries were incubated at room temperature (21°C) for 10 min in KHS (NaHCO₃ and NaH₂PO₄ were omitted, unbuffered solution) containing 0·02 mM glutathione and 1·46 mM 6-OHDA. The pH of this solution was adjusted to 4·9 with 0·05 M NaOH, and then covered with paraffin oil; control vessels were submitted to the same conditions, except for 6-OHDA. Subsequently, the arteries were immersed in normal KHS.

Solutions, drugs and statistical evaluation

The composition of KHS (mm) was as follows: NaCl 115,

Statistics

was added.

Results are given as mean \pm s.e.m. Statistical analysis was by the Student's *t*-test for unpaired experiments; a probability value of < 0.05 was considered significant.

Drugs

The drugs used were: [3H]5-hydroxytryptamine creatinine sulphate (New England Nuclear, USA), tetrodotoxin, 5hydroxytryptamine creatinine sulphate, (-)-noradrenaline bitartrate and 6-hydroxydopamine (Sigma, USA), phentolamine methanesulphonate (Geigy, Switzerland), rauwolscine hydrochloride (Carl Roth KG, Germany), cocaine hydrochloride (depósito de estupefacientes, Ministerio de Sanidad Consumo, Spain), B-HT 920 (Boehringer Ingelheim, Germany), methysergide bimaleate (Sandoz, Switzerland), metitepine maleate (Hoffman-La Roche, Switzerland), ketanserin tartrate (Janssen, Belgium). All drugs were dissolved in distilled water, except noradrenaline and 5-HT, which were made in a saline (0.9% NaCl)-ascorbic acid (0.1% w/v) solution to prevent oxidation. The different concentrations of drugs used were obtained from stock solutions (10 mM) which were kept at -20° C.

Results

Cocaine (1 μ M), ouabain (100 μ M), pretreatment with 6-OHDA (1.46 mM, 10 min) and metitepine (1 μ M) reduced [³H]5-HT uptake in bovine cerebral arteries (Fig. 1a).



FIG. 1. (a) Effect of cocaine (Coc), ouabain (Oua), denervation (Den) with 6-OHDA and metitepine (Metit) on the uptake of [³H]5-HT in bovine cerebral arteries. The vessels were pretreated with the drugs 20 min before incubation with [³H]5-HT and then washed with KHS for 100 min, and the radioactivity retained measured. (b) Effect of tetrodotoxin (TTX), Ca^{2+} -free medium and denervation with 6-OHDA on electrically (200 mA, 0.3 ms, 2 Hz, for 75 s)-induced tritium secretion from bovine cerebral arteries preincubated with [³H]5-HT. The ratios of tritium release by the stimulation periods S₂ and S₁ separated by a 30 min interval are shown in ordinate. Columns and vertical bars represent means ± s.e.m. Number of experiments is shown in parentheses. C = control, * P < 0.001.



FIG. 2. Effect of noradrenaline (NA), 5-hydroxytryptamine (5-HT, with or without cocaine), B-HT 920, rauwolscine (Rauw), phentolamine (Phent), metitepine (Metit), ketanserin (Ket) and methysergide (Methy) on the electrically-induced tritium release from bovine cerebral arteries preincubated with [³H]5-HT. The ratios of tritium release by the stimulation periods S₂ and S₁ separated by a 30 min interval are shown in ordinate. Columns and vertical bars represent means \pm s.e.m. Number of experiments is shown in parentheses. C = control, * P < 0.05, ** P < 0.005, with respect to control; + P < 0.05 with respect to 10 μ M 5-HT.



FIG. 3. Antagonism of the inhibitory effects of noradrenaline (NA), and B-HT 920 by rauwolscine (Rauw), and those of 5hydroxytryptamine (5-HT) by rauwolscine, metitepine (Metit), ketanserin (Ket), methysergide (Methy) or phentolamine (Phent) on the electrically-induced tritium release from bovine cerebral arteries preincubated with [³H]5-HT. The ratios of tritium release by the stimulation periods S₂ and S₁ separated by a 30 min interval are shown in ordinate. Columns and vertical bars represent means \pm s.e.m. Number of experiments is shown in parentheses. C=control, * P < 0.05, ** P < 0.005.

Electrically-induced tritium release was reduced by tetrodotoxin (0.8 μ M), Ca²⁺-free medium and denervation with 6-OHDA in arteries preincubated with [3H]5-HT (Fig. 1b). 5-HT (10 μ M), noradrenaline (1 μ M) and B-HT 920 (0.1 and 1 μ M) also reduced the evoked tritium release, whereas it was increased by metitepine (1 μ M) and rauwolscine (1 μ M). Ketanserin (1 μ M), methysergide (0·1 μ M) and phentolamine (1 and 3 μ M) had no effect. The addition of cocaine (1 μ M) to the superfusion medium reduces the action of 10 μ M 5-HT (Fig. 2). The inhibitory effect induced by both noradrenaline $(1 \mu M)$ and B-HT 920 (0.1 and 1 μM) was reversed by rauwolscine (1 μ M). The action of 10 μ M 5-HT was completely antagonized by both metitepine (1 μ M) and rauwolscine $(1 \mu M)$ but only partially by phentolamine $(3 \mu M)$. Ketanserin $(1 \ \mu M)$, methysergide $(0.1 \ \mu M)$ and phentolamine $(1 \ \mu M)$ failed to alter the effect of 5-HT (Fig. 3).

5-HT (10 and 100 μ M) and noradrenaline (0.1-10 μ M) evoked concentration-dependent tritium release, which was reduced by chemical denervation with 6-OHDA (Fig. 4).

5-HT (10 μ M), noradrenaline (1 μ M), metitepine (1 μ M) and ketanserin (1 μ M) increased the basal tritium release. The increase in the basal release caused by 5-HT was reduced by cocaine (1 μ M), but not affected by metitepine or methysergide (Table 1).

Discussion

The results obtained in this study show that [³H]5-HT is mainly stored in noradrenergic nerve endings of bovine cerebral arteries. This is supported by the finding that cocaine, a drug that blocks the uptake of noradrenaline and 5-HT into the nerves (Henseling et al 1976; Paiva et al 1984),



FIG. 4. Time-course of the effects of several concentrations of noradrenaline and S-hydroxytryptamine (5-HT) on the basal tritium release in control or denervated (with 6-OHDA) bovine cerebral arteries preincubated with [³H]5-HT. Horizontal bars represent the time of superfusion with these drugs. Results (means \pm s.e.m.) were expressed in % of basal release ($100\% = 86 \pm 3$ d min⁻¹ mg⁻¹). Number of experiments is shown in parentheses. *P < 0.005, with respect to tritium release obtained in denervated arteries. Noradrenaline: $\Box 0.1$ (5), $\blacklozenge 1$ (4), $\blacksquare 100 \ \mu M$ denervated (4). 5-HT: $\Box 10$ (4), $\blacklozenge 100$ (4) and $\blacksquare 100 \ \mu M$ denervated (4).

Table 1. Effect of different drugs on the ratio b_2/b_1 (i.e. between the basal release before S_2 and S_1) in bovine cerebral arteries preincubated with [³H]5-HT.

Drugs (µм)	[³ H]5-HT	No. of experiments
Control + cocaine(1)	0.88 ± 0.12 0.75 ± 0.04	13 5
Ketanserin (1) Metitepine (1)	$1.52 \pm 0.29^{**}$ $1.65 \pm 0.20^{**}$	4 7
Noradrenaline (1)	$1.67 \pm 0.29^{**}$ $1.60 \pm 0.31^{**}$	4
+ metitepine (1)	$1.54 \pm 0.36^{*}$	5
+ cocaine (1)	$1.10 \pm 0.16^{+}$	4

Results are expressed as mean \pm s.e.m. $b_1 = 76 \pm 3$ d min⁻¹ mg⁻¹. *P<0.05, **P<0.005, †P<0.05 (compared with 5-HT 10 μ M).

and 6-OHDA, which specifically destroys noradrenergic nerve endings but has little effect on 5-HT-ergic nerves (Sachs & Jonsson 1972; Levitt & Duckles 1986), greatly reduced [³H]5-HT uptake. Ouabain, an inhibitor of Na-K ATPase (Cantley 1986), also reduced the uptake; the ability of ouabain to block noradrenaline and 5-HT uptake has been reported (Tissari et al 1969; Leitz & Stefano 1970; Barrús et al 1990). The incomplete abolition of this uptake by denervation, may mean that the method used did not produce a complete noradrenergic denervation, or that the amine may be accumulated in other nerve endings, such as in the 5-HT-ergic nerve terminals present in cerebral vessels (Marco et al 1985; Edvinsson et al 1985; Scatton et al 1985) or extraneuronally (endothelium or smooth muscle). However, other reports question the existence of these nerves and their physiological role, having suggested that the 5-HT detected in cerebral vessels is mainly stored in perivascular adrenergic nerves (Saito & Lee 1987; Jackowski et al 1988). In different vessels, chemical denervation with 6-OHDA and treatment with cocaine decreased (Verbeuren et al 1983; Levitt & Duckles 1986: Barrús et al 1990) or did not affect (Fukuda et al 1986) [3H]5-HT uptake. These findings lead to the conclusion that 5-HT is essentially accumulated in perivascular sympathetic nerves from which it is co-released with noradrenaline by nerve stimulation. This is consistent with the finding that the release of [3H]5-HT elicited by 5-HT and mainly by noradrenaline was almost abolished in vessels pretreated with 6-OHDA. The ability of 5-HT to release noradrenaline from adrenergic nerve terminals has been observed in cerebral and peripheral arteries (Marín et al 1981; Van Nueten et al 1985; Houston & Vanhoutte 1986).

The evoked release of ³H is mainly of [³H]5-HT and basal release is of ³H-metabolites (Verbeuren et al 1983). Stimulation-evoked tritium efflux was largely reduced by tetrodotoxin, an inhibitor of propagated nerve impulses (Narahashi et al 1964), indicating that the amine is released by action potentials. This release was also markedly decreased by denervation with 6-OHDA and Ca²⁺-free medium, suggesting that an exocytotic mechanism mediates the efflux of 5-HT from adrenergic nerve endings. A reduction of stimulated [³H]5-HT release by tetrodotoxin or by denervation (Verbeuren et al 1983; Kawasaki & Takasaki 1984; Barrús et al 1990) and Ca²⁺ omission (Kawasaki & Takasaki 1984; Scatton et al 1985) has been obtained in other vessels.

The modulation of stimulated tritium release by presynaptic α_2 -adrenoceptors was investigated. This release was inhibited by both the selective (B-HT 920) and non-selective noradrenaline agonists of these receptors (Hammer et al 1980; Van Meel et al 1982; Docherty 1989; Molderings & Göthert 1990). The α_2 -antagonist, rauwolscine (Van Meel et al 1982; Docherty 1989), abolished the release-inhibiting effect of both agonists. These findings suggest the presence of such receptors, modulating 5-HT release from the nerve endings, as described in other vessels (Kawasaki & Takasaki 1986; Barrús et al 1990). Nevertheless, phentolamine, a well known nonselective blocker of α -receptors, had no effect on tritium release, probably due to reduced potency or selectivity in the blockage of the presynaptic receptors involved in [3H]5-HT release. Phentolamine and yohimbine, an antagonist of α_2 -receptors, increased the electrically-induced tritium release in dog saphenous vein (Verbeuren et al 1983) and in rat perfused mesenteric bed (Kawasaki & Takasaki 1986) preincubated with [3H]5-HT.

The possible existence of presynaptic 5-HT-receptors modulating the evoked 5-HT release was also studied. The results obtained show that this amine reduced the release; this reduction was blocked by metitepine (an antagonist of 5-HT₁ and 5-HT₂ receptors with presynaptic selectivity for 5-HT₁ (Martin & Sanders-Bush 1982; Schlicker et al 1987; Göthert & Schlicker 1987; Hoyer & Schoeffter 1991)), attenuated by cocaine, and unaffected by ketanserin (a blocker of 5-HT₂ receptors (Saxena et al 1987)) or methyser-

gide (a 5-HT-ergic antagonist with certain postsynaptic selectivity for 5-HT₁ and 5-HT₂ receptors (Cerrito & Raiteri 1979)). These findings suggest the implication of 5-HT₁, but not 5-HT₂, receptors, on the release-inhibiting effect of 5-HT, and that the effect of cocaine may be partially due to blockade of the reuptake of the evoked [3H]5-HT release. In some tissues, such receptors modulate 5-HT release (Cerrito & Raiteri 1979; Monroe & Smith 1985; Schlicker & Göthert 1987), but not in others (Molderings et al 1989). Nevertheless, some results appear to suggest presynaptic 5-HT₁ receptors are not involved: high phentolamine concentrations (3 μ M) were needed to partially inhibit the releaseinhibiting effect of 5-HT and these concentrations had no effect on the evoked tritium release; rauwolscine antagonized the depressor effect of 5-HT and increased the evoked [3H]5-HT release; and methysergide, in contrast to rauwolscine, modified neither the evoked tritium release nor the inhibitory action of 5-HT. All these findings appear to suggest that the modulation of the tritiated amine release by 5-HT is produced via presynaptic α_2 -adrenoceptors, as reported for other preparations (Schlicker et al 1987; Frankhuijzen et al 1988). However, high phentolamine concentrations block 5-HT₁ receptors, i.e. phentolamine is a weak antagonist of these receptors (Bradley et al 1986; Limberger et al 1989) and rauwolscine is, in addition to being an α_2 -antagonist, a 5-HT₁ receptor antagonist (mainly 5-HT_{1D} subtype) (Fozard 1987; Hoyer & Schoeffter 1991), and the observations suggest that 5-HT₁-like receptors may be involved in the inhibitory action of 5-HT.

5-HT increased the basal tritium release in intact segments, blocked by cocaine. This indicates that the amine may produce a displacement of the [³H]5-HT stored in adrenergic nerve endings (an effect which might be blocked by cocaine), but also may activate 5-HT₃ receptors. Indeed, 5-HT may produce depolarization of noradrenergic nerves causing noradrenaline release—in our case [³H]5-HT release—an effect mediated by 5-HT₃ receptors, which are blocked by cocaine (Göthert & Schlicker 1987; Hoyer 1990).

Rauwolscine and metitepine enhanced evoked tritium release, which indicates that the 5-HT₁ receptors are functionally active in inhibiting neurotransmitter release. In addition, ketanserin increased the basal tritium release, which may be due to an interference with the neuronal uptake of [³H]5-HT (Monroe & Smith 1985). The increase of basal tritium release induced by metitepine is probably related to its ability to block the amine uptake (Blier et al 1989; Limberger et al 1989). Indeed, the presence of this drug in the incubation medium produced a marked reduction of [³H]5-HT uptake which was similar to that caused by cocaine.

In conclusion, 5-HT is incorporated into adrenergic nerve terminals of bovine cerebral arteries, being co-released with noradrenaline. Evoked 5-HT release appears to be modulated by presynaptic 5-HT₁-like receptors, although with the present results the participation of α_2 -adrenoceptors cannot be discounted. It is interesting to note that 5-HT₁ receptors (5-HT_{1A} and 5-HT_{1B}) and α_2 -adrenoceptors (mainly those of α_{2B} subtype) have marked similarities with many features in common (Molderings & Göthert 1990; Hartig et al 1990). Recently, our group has reported that the presynaptic receptors present in perivascular nerve endings of these arteries are of the α_{2B} subtype (Arribas et al 1991). The

present findings support the contention that 5-HT₁-like receptors and the α_2 -adrenoceptors present in these arteries are similar entities and thus are similarly affected by drugs acting on both types of receptors. The [³H]5-HT release induced by 5-HT may be mediated by 5-HT₃ receptors. In addition, the action of metitepine is in part caused by blockage of neurotransmitter uptake.

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